



# BREAKFAST

Served between 7:30am and 3:00pm

**Croissant | \$7.00** Served toasted with your choice of butter with local jam, peanut butter, vegemite, or Nutella (V, VE)

**Brunch croissant | \$10.00**  
Toasted with ham, cheese and tomato

**Warm banana & walnut bread | \$10.00**  
Served with maple butter (VEO, V, DFO)

**Classic pancakes | \$14.00** Two fluffy pancakes served with maple syrup and vanilla ice cream (V, DFO)

+ warm Nutella sauce @ \$2.00 + berry compote @ \$2.00

**Breakfast pancakes | \$18.90** Two fluffy pancakes served with scrambled eggs and bacon topped with maple syrup (NF)

**Smoothie bowl | \$18.50** Acai berry pureed with coconut yoghurt topped with fresh fruit and chia seeds (VE, V, DF, GF, NF) + toasted muesli @ \$2.00

**Tracks big breakfast | \$24.50** Two eggs served your way on toast with bacon, chipolatas, hash brown, sauteed mushrooms, spinach, and grilled tomato (GFO, DF)

**Vegan breakfast | \$24.50** Choice of toast with sauteed spinach and pan-fried mushrooms, tomato, avocado, baked beans, and a hash brown (VE, V, GFO, DF, NF)

**Egg & bacon roll | \$12.50** Fried egg and bacon topped with Tasty cheddar cheese and smoky BBQ sauce in a grilled bun (GFO)

**Eggs your way | \$11.50** Two poached, scrambled, or fried eggs on toasted sourdough (GFO, V, NF)

**Bacon Benny | \$18.00** Two soft poached eggs served with grilled bacon on toasted sourdough and topped with hollandaise sauce (GFO)

**Smashed avo | \$23.00** Two soft poached eggs served with Persian fetta, avocado and beetroot hummus topped with dukkah on toasted sourdough (V, GFO)

**Rosti stack | \$24.00** Tassie smoked salmon with avocado and a poached egg on a crispy potato rosti topped with hollandaise sauce and a side of tomato relish (NF, DF)

**Vegan super bowl | \$18.50** Wild black rice with avocado, sauteed spinach and mushrooms topped with beetroot hummus, pickled vegetables, and sesame seeds (GF, V, VE, DF)

## EXTRAS

Bacon	\$4.00	Spinach	\$2.50
Chipolatas	\$4.00	Tomato	\$2.50
Hashbrown	\$3.00	Baked beans	\$4.00
Avocado	\$4.00	Relish	\$1.00
Smoked Salmon	\$4.50	Hollandaise	\$2.00
Mushrooms	\$2.50	Gluten free bread	\$2.50

## COFFEE

	Small	reg.	large
Flat white	\$5.00	\$6.00	\$7.00
Cappuccino	\$5.00	\$6.00	\$7.00
Latte	\$5.00	\$6.00	\$7.00
Mocha	\$5.00	\$6.00	\$7.00
Cinnamon chai	\$5.00	\$6.00	\$7.00
Vanilla chai	\$5.00	\$6.00	\$7.00
Dirty chai	\$4.50		
Piccolo	\$4.50		
Macchiato	\$4.50		
Espresso	\$4.50	\$5.50	\$6.50
Long Black			
+ Add baby chino	\$2.00		

## TEA

	Pot for 1	Pot for 2
English Breakfast	\$5.50	\$9.00
Earl Grey	\$5.50	\$9.00
Green Tea	\$4.00	
Peppermint	\$4.00	
Chamomile	\$4.00	

## Other Hot Drinks

Hot Chocolate	\$4.50	\$5.50	\$6.50
White chocolate	\$4.50	\$5.50	\$6.50
Vanilla Chai	\$5.00	\$6.00	\$7.00
Cinnamon Chai	\$5.00	\$6.00	\$7.00
Dirty Chai	\$5.00	\$6.00	\$7.00

## Cold drinks

Milkshake		\$6.50	
• Strawberry			
• Lime			
• Blue Heaven			
• Banana			
• Honeycomb			
• Vanilla			
• Caramel			
• Chocolate			

Iced Coffee	\$6.50
Iced Chocolate	\$6.50
Iced Latte	\$6.50
Iced Long Black	\$6.50
Iced Mocha	\$6.50
Spider	\$6.50

## FLAVOUR SHOTS \$1 each

Vanilla • Hazelnut • Caramel • Extra coffee shot

**DIETARIES?** Chat with our friendly team and let us know what you need. We'll do our best to help!

**DFO** Dairy Free Option | **GFO** Gluten Free Option | **NF** Nut Free | **V** Vegetarian | **VG** Vegan



# LUNCH & DINNER

Served from 11:30am

DIETARIES? Chat with our friendly team and let us know what you need. We'll do our best to help!

## Thai salad | \$19.50

A bowl of mixed greens with chili, mint, coriander, tomato, cucumber, and capsicum in an Asian inspired dressing topped with crunchy fried vermicelli noodles and crushed peanuts (VE, V, GF, DF)  
+ Chicken @ \$4.00  
+ Steak @ \$6.50

## Nasi goreng | \$17.50

Spicy Indonesian style fried rice with chicken, bacon and prawn crackers served with fried egg (GF, DF)  
+ sriracha @ \$1.00

## Classic BLT | \$17.00

Crispy fried bacon with lettuce, tomato, and garlic aioli on toasted sourdough. Served with chips (GFO, DF)  
+ avocado @ \$3.00  
+ chicken @ \$4.00

## Tracks schnitzel | \$19.50

House crumbed, free range chicken breast schnitzel with chips and your choice of sauce (VEO)

## Tracks parmy | \$25.00

House crumbed, free range chicken breast schnitzel topped with Napoli sauce, crispy bacon pieces and melted mozzarella with chips and your choice of sauce (VO)

## Fish & chips | \$24.50

Beer battered flathead fillets served with seasoned chips, dressed salad, lemon, and tartare sauce (DF)

## Salt & pepper calamari

Small (no chips) \$14.00

Large \$22.50

Crispy fried calamari pieces served with seasoned chips, dressed salad, lemon, and tartare sauce (DF)

## Carbonara

Small \$14.00 | Large \$18.00

Al dente pasta in a velvety cream sauce with bacon and parmesan cheese (VO, GFO)  
+ chicken @ \$4.00

## Roast of the day | \$20.00

Chef's choice cooked to perfection and served with roasted potatoes, seasonal vegetables and gravy (GF, DF, NF, VO)

# BURGERS

## Cheeseburger | \$16.50

Tassie beef patty served with American style cheese, lettuce, tomato, and secret sauce in a freshly grilled bun served with seasoned chips  
+ extra patty @ \$4.00 (GFO)

## Kentucky burger | \$16.50

Southern fried free range chicken breast with cheddar cheese, lettuce and mayonnaise in a grilled bun served with seasoned chips

## BLAT burger | \$19.50

Bacon, lettuce, avocado, tomato and grilled chicken in a freshly toasted bun served with seasoned chips (GFO)

## Barramundi burger | \$19.50

Battered barramundi fillet, house slaw and tartare sauce on a grilled bun served with seasoned chips

## The works burger | \$28.50

Your choice of:

• Chicken schnitzel • Tassie beef patty  
• Scotch fillet • Vegan schnitzel  
Served with bacon, fried egg, onion, American style cheese, sliced tomato, beetroot, lettuce, and secret sauce served with seasoned chips

# SIDES

## Garlic bread | \$6.00

Grilled ciabatta loaf with herb and garlic butter  
+ cheese @ \$2.00  
+ bacon @ \$3.00

## Soup of the day | \$10.00

Served with toasted sourdough

## Hot chips and gravy

Small \$5.00 | Large \$8.00

## Sweet potato fries

Small \$7.00 | Large \$9.00

## Onion rings | \$12.00

Crispy fried onion rings served with a spicy sriracha mayo

## Bao bun duo | \$13.00

Choose from sticky pork belly, fried chicken or crispy fried vegetables with hoisin sauce and pickled vegetables

## Southern fried wings | \$14.00

Six crispy fried wings served with a spicy sriracha mayo

## Caesar wrap | \$14.50

Fresh tortilla filled with slices of chicken schnitzel, cos lettuce, bacon, shaved parmesan cheese with a Caesar dressing

## Loaded fries | \$14.50

Seasoned fries topped with crispy bacon bits, mozzarella cheese and rich gravy

## Caesar salad | \$16.50

Traditional Caesar with cos lettuce and crispy bacon bits with a creamy Caesar dressing and topped with croutons and anchovies (GFO)  
+ poached egg @ \$2.00  
+ chicken @ \$4.00

# SWEETS

## Tracks famous churros

Spanish style doughnuts rolled in cinnamon sugar with warmed caramel and Nutella dipping sauces

\$14

## Chocolate + raspberry

Steamed chocolate pudding served with warm chocolate sauce, oreo crumb and raspberry sorbet

\$14

## Sorbet trio

A light and refreshing finish, please check for today's flavours

\$12

## Blackberry Eton mess

Layers of Tassie blackberries, crushed meringue, whipped cream, and vanilla marshmallow

\$15

DIETARIES? Chat with our friendly team and let us know what you need. We'll do our best to help!

DFO Dairy Free Option | GFO Gluten Free Option | NF Nut Free | V Vegetarian | VG Vegan